

Learn how to grow & cook food

Integrating garden / cafe / community

Learn how to grow food, collaborate to maintain it & cook it.
Kitchen Manager & Cook, **Esme**, could receive produce grown for the kitchen in the Learning & Family Centre's 'Allotment' and people would volunteer to cook & receive cooking lessons.

Thanks to **St Pauls Opening Doors** the St Pauls Learning & Family Centre garden looks stunning and is already starting to grow food. There's even the potential for market stalls & flower sales.

A great example of a community gardening project is **Eastside Roots**
Could Local allotments collaborate with this project, so long as services aren't duplicated, to promote their own activity and further their reach?
Could market stalls, plant sales & the money saved from growing & cooking food on site cover costs? How much do seeds even cost?

This could lead to...

Gardening Mentoring & Apprenticeships in St Pauls
Theme days - Diversity of food and recipes
School trips (on 'Work Outside' days)
A stall at the carnival + open space
'Cooking on a budget' course
Plants for art & photography
Organic Gardening course
Lunch Club for elders
Taster sessions
Picnics

Is this an idea that interests you?
Would you like to be involved?